

# Find the correct size

The right size is crucial for the workwear's functionality, and for your comfort and safety. In MASCOT's assortment, many products have a fit that can be used by both men and women. In addition, you will find MASCOT products that are especially designed for women, as well as an assortment for children.

To find the right size, and get the most accurate measurement, we recommend that someone else measures you. Take the measurements close to the body. Also remember to measure your leg length. In most of MASCOT's trousers, you can choose between three leg lengths.

## If you're a woman, you have several options

Many of MASCOT's ranges are available in one or more ladies fits. If you choose a product for women, please ensure you measure according to the ladies fit and the sizes form for women. Some of the men's products also fit women. If you pick a men's product, the measurements must be taken from the men's fit and sizes form for men.

### Measurements for men's fit



### Measurements for ladies fit



#### H. Head measure

Measure the circumference of the head.

#### P. Collar size

Measured around the neck – 1 cm above the collar bone.

#### A. Chest

Measured around the widest part of the chest.

#### K1. Waist size

Measure the waist size just above the navel. You need to tighten the measuring tape.

#### K2. Waist size

Measure the waist size just below the navel. You need to tighten the measuring tape.

#### K3. Waist size

Measure the narrowest point of your waist. Your waist size is used together with your hip size to find your fit –DIAMOND or PEARL.

#### L1. Hip size

Measured around the widest point of the hips.

#### L2. Hip size

Measured with legs together around the widest point of the hip. In MASCOT's products for women, it is the hip measurement that determines which size to choose.

#### E. Inner seam

The length is measured on the inside of the leg from crotch to floor (barefoot).

#### T. Height

Your full height.

**Try the clothes on!**

**In that way, you are sure that the clothing fits as it should.**

# How to find your size in the measuring chart

For example: You are looking for trousers with a low waist.

Your waist measurement (K2) is 92 cm.

Find your measurement under K1/K2 in the chart. If your size fall between two sizes, you should choose the larger size.

In this example you should choose 93 cm and therefore the size C52. Remember also to measure your leg length before you order.

## MEN

T-shirts, sweatshirts, jackets and additional tops as well as boilersuits																						
	C42	C43	C44	C45	C46	C47	C48	C49	C50	C51	C52	C54	C56	C58	C60	C62	C64	C66	C68	C70	C72	C74
	XXS		XS		S				M		L		XL	2XL		3XL		4XL		5XL		6XL
A - Chest (cm)	84	86	88	90	92	94	96	98	100	102	104	108	112	116	120	124	128	132	136	140	144	148
A - Chest (inch)	33		34.5		36		38		39.5		41	42.5	44	45.5	47	49	50.5	52	53.5	55	56.5	58

Shirts																					
	C42	C43	C44	C45	C46	C47	C48	C49	C50	C51	C52	C54	C56	C58	C60	C62	C64	C66	C68	C70	C72
	XXS		XS		S				M		L		XL	2XL		3XL		4XL		5XL	
P - Collar size (cm)					37-38				39-40		41-42		43-44	45-46		47-48	49-50		51-52		
P - Collar size (inch)					14				15.5		16.5		17.5	18		19	19.5		20		

Trousers/bib & braces																						
	C42	C43	C44	C45	C46	C47	C48	C49	C50	C51	C52	C54	C56	C58	C60	C62	C64	C66	C68	C70	C72	C74
	XXS		XS		S				M		L		XL	2XL		3XL		4XL		5XL		6XL
K1/K2 Waist size (cm)*	68	70	73	75	78	80	83	85	88	90	93	98	103	108	113	118	123	128	133	138	143	148
K1/K2 Waist size (inch)*	27	28	28.5	29.5	30.5	31.5	32.5	33.5	34.5	35.5	36.5	38.5	40.5	42.5	44.5	46.5	48.5	50.5	52.5	54.5	56.5	58
L1 - Hip (cm)	90	92	94	96	98	100	102	104	106	108	110	114	118	122	126	130	134	138	142	146	150	154
L1 - Hip (inch)	35.5	36	37	38	38.5	39.5	40	41	41.5	42.5	43	45	46.5	48	49.5	51	52.5	54	56	57.5	59	60.5

\*Bib & braces are not available in odd-sizes.

E - Leg length (cm)	76	82	90
E - Leg length (inch)	30	32	35

Jeans									
K1/K2 - Waist size (inch)	29	30	31	32	33	34	36	38	40
K1/K2 - Waist size (cm)	73	76	78.5	81	83.5	86	91	96	101

E - Leg length (inch)	30	32	34	36
E - Leg length (cm)	76	82	87	92

Headgear											
	S		M		L		XL		2XL		
H - Head measure (cm)	54	55	56	57	58	59	60	61	62	63	
H - Head measure (inch)	21	21.5	22	22.5	23	23.25	23.5	24	24.5	25	

# WOMEN

MASCOT offers a wide range of products developed especially for women.

Tops										
	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
A - Chest (cm)	76	82	88	96	104	112	120	128	136	144
A - Chest (inch)	30	32	34.5	37.5	41	44	47	50.5	53.5	56.5
L2 - Hip (cm)	86	92	100	108	116	124	132	140	148	156
L2 - Hip (inch)	34	36	39.5	42.5	45.5	49	52	55	58	61.5

Across MASCOT's assortment you will find women's trousers, shorts and skirts in two different fits. It is your body's measurements that determine which fit you should choose. The two fits are called: DIAMOND and PEARL.

Two steps to find the trousers/skirts/shorts that are just perfect for you:

## 1) Find your fit

Your MASCOT fit will depend on a combination of your waist size (the narrowest part) and your hip measurement (the widest part).

The general rule of thumb is that if there is a difference of more than 20 centimetres between your hip and your waist measurements then you should opt for a DIAMOND fit. If the difference is less than 20 centimetres, on the other hand, then you should choose PEARL.

## 2) Find your size

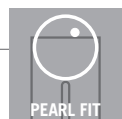
You can find your size by measuring the circumference of your hip at its widest point. Keep your legs together when measuring hip width. Check the table below your fit: Determine your size based on the circumference of your hip.



### Ladies trousers and skirts

DIAMOND fit: A difference between waist and hip measurements of more than 20 cm.

	C32	C34	C36	C38	C40	C42	C44	C46	C48	C50	C52	C54	C56
	XS	S	M		L		XL	2XL		3XL	4XL	5XL	6XL
K3 - Waist size (cm)	70	74	78	82	86	90	94	98	104	110	116	122	128
K3 - Waist size (inch)	27.5	29	30.5	32	34	35.5	37	38.5	41	43.5	45.5	48	50.5
L2 - Hip (cm)	96	100	104	108	112	116	120	124	130	136	142	148	154
L2 - Hip (inch)	37.5	39.5	41	42.5	44	45.5	47	49	51	53.5	56	58	60.5



### Ladies trousers and skirts

PEARL fit: There is a small difference between waist and hip measurements.

	C32	C34	C36	C38	C40	C42	C44	C46	C48	C50	C52	C54	C56
	XS	S	M		L		XL	2XL		3XL	4XL	5XL	6XL
K3 - Waist size (cm)	74	78	82	86	90	94	98	104	110	116	122	128	136
K3 - Waist size (inch)	29	30.5	32	34	35.5	37	38.5	41	43.5	45.5	48	50.5	53.5
L2 - Hip (cm)	92	95	98	101	104	107	110	115	120	125	130	135	140
L2 - Hip (inch)	36	37.5	38.5	39.5	41	42	43.5	45	47	49	51	53	55

E - Leg length (cm)	76	82
E - Leg length (inch)	30	32

**Remember also to measure the leg length. All MASCOT's ladies trousers are available in two leg lengths: 76 cm and 82 cm.**

# CHILDREN

In MASCOT's assortment you will also find products for children. To find the right size, you should, as a rule, choose the size based on the height of the child.



Children						
Height (cm)	104	116	128	140	152	164
Age (years)	3-4	5-6	7-8	9-10	11-12	13-14
Chest (cm)	54	58	62	68	74	80
Chest (inch)	21	23	24.5	26.5	29	31.5
Waist size (cm)	50	52	54	58	62	66
Waist size (inch)	19.5	20.5	21.5	23	24.5	26
Hip (cm)	58	62	66	72	78	84
Hip (inch)	23	24.5	26	28.5	30.5	33

# FOOTWEAR

You spend many hours a day in your shoes. It is therefore essential that you choose them carefully. Shoe sizes can vary slightly. That's why we recommend you try the shoes on before buying. This ensures that you get the correct size, and that you have a shoe fit to match your feet.

MASCOT's sizes generally follows standard shoes sizes. Footwear in the smaller sizes, 35-41, are slightly narrower (width 8) than the bigger sizes, 39-50, (width 10 and width 11). Safety footwear doesn't generally need to be worn in. It must fit well instantly.

Footwear																
EU size	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
UK size	2.5	3.5	4	5	6	6.5	7	8	9	10	10.5	11	12	13	14	15
US size	4	5	5.5	6.5	7	7.5	8	9	10	11	11.5	12	13	14	15	16